



# AADE Diabetes Prevention Program

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# What is AADE?

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## American Association of Diabetes Educators (AADE):

- Membership Organization – our 14,000+ membership base is made up of Diabetes Educators. Diabetes Educators are healthcare professionals and paraprofessionals, ranging from RN's, RD's, CDE's, Pharmacists, PhD's, and more)
- National Accreditor for Medicare- AADE is one of two certifying body Diabetes Self -Management Education (DSME) programs, a requirement to bill for Medicare. AADE accredited programs are called "DEAP" sites. (ADA programs are "ERP").



# Why is AADE in Diabetes Prevention?

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In 2015, AADE's National Practice Survey Found:

- 80.5 % of respondents reported to be working with people with prediabetes
- 80% of DEAP programs reported to be doing some sort of prevention programming

*Only 0.4% reported receiving reimbursement for prevention services*





# CDC chose AADE for National DPP Scaling (DP12-1212)

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- Work with our diverse membership of health care providers
- Working with the network of Diabetes Self-Management Education (DSME) programs with national certification (3,000 + nationwide)
- Our experience working with Public Health and State Health Departments regarding type 1 and type 2 diabetes



# The AADE DPP Model:

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## National DPP implemented within certified DSME Sites:

- ✓ Both ADA and AADE programs (3000+ Nationwide)
- ✓ Large pool of eligible participants already being served
- ✓ HIPAA compliance
- ✓ Oversight from a Diabetes Educator/CDE
- ✓ Educated & Trained DPP Lifestyle Coaches
- ✓ Third-party payment processing (NPI Number)
- ✓ Ability to bill Medicare
- ✓ Linkage with local primary care providers
- ✓ Linkage with DSME for people with type 2 diabetes



# AADE DPP is the National DPP

	National DPP	AADE DPP
Uses CDC Approved Curriculum	Required	Required
All Delivery Sites must maintain CDC's DPRP Recognition	Required	Required
Delivery Setting	Can be in-person or virtually delivered	In person/telehealth only (currently)
All Staff are Trained Lifestyle Coaches	Recommended	Required
All Sites have an NPI Number	N/A	Required
All Program Coordinators are Diabetes Educators	N/A	Required
All Sites have Ability to bill Medicare	N/A	Required



# AADE DPP: 44 Grant-Funded Sites in 16 states

AADE DPP SITES as of 2016:		CDC DPRP Guidelines to Achieve Full Recognition:		AADE DPP Sites' Aggregated data from DPRP Progress Reports:
Number of AADE DPP Sites	44	Proportion of participants program eligibility determined by a blood based test	≥ 50 %	75.40%
Number of Classes	> 230	Minimum Average number of sessions attended during months 1-6 for participants attending ≥ 4 sessions	≥ 9	14.5
Number of Participants	> 2200	Minimum Average weight loss achieved at 6 months	≥ 5-7	5.20%
Number of Lifestyle Coaches at AADE DPP Sites	228	Minimum Average number of sessions attended during month 7-12 for participants attending ≥ 4 sessions	≥ 3	3.62
		Average weight loss achieved at 12 months	≥ 5-7 %	6.00%





# AADE DPP Model and CDC's Recognition

As of July 2016:	Total	Percentage of Total
DPRP Sites in CDC's Registry	915	
Fully Recognized DPRP Sites	61	6.5 %
	Total	Percentage of Total
Fully Recognized sites that are DSME Programs	30	49% of all Fully Recognized DPRP's
Fully Recognized programs that are AADE DPP Sites	15	25% of all Fully Recognized DPRP's

AADE DPP Sites make up 50% of total Fully Recognized DSME sites

[https://nccd.cdc.gov/DDT\\_DPRP/Programs.aspx](https://nccd.cdc.gov/DDT_DPRP/Programs.aspx)





# Insights After 3+ Years of Delivery:

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## Pro's:

- ❖ Costs seem to be comparable to other large in-person DPP providers
- ❖ AADE DPP's are meeting or exceeding DPRP requirements
- ❖ Our programs seem to have high rates of physician referral compared to others since they are already connected with local physicians in their DSME work and tend to have feedback loops already in place
- ❖ Should have a streamline ability to bill for Medicare Reimbursement when available

## Challenges

- ❖ AADE DPP Program Coordinators usually do not have the time, skills, contacts and resources to "sell" the program to new payers



# Coverage and Cost of AADE DPP

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All AADE DPP sites are receiving some type of DPP reimbursement

Cost of AADE DPP is comparable to other large in-person DPP networks

## Additional Coverage Information to Consider:

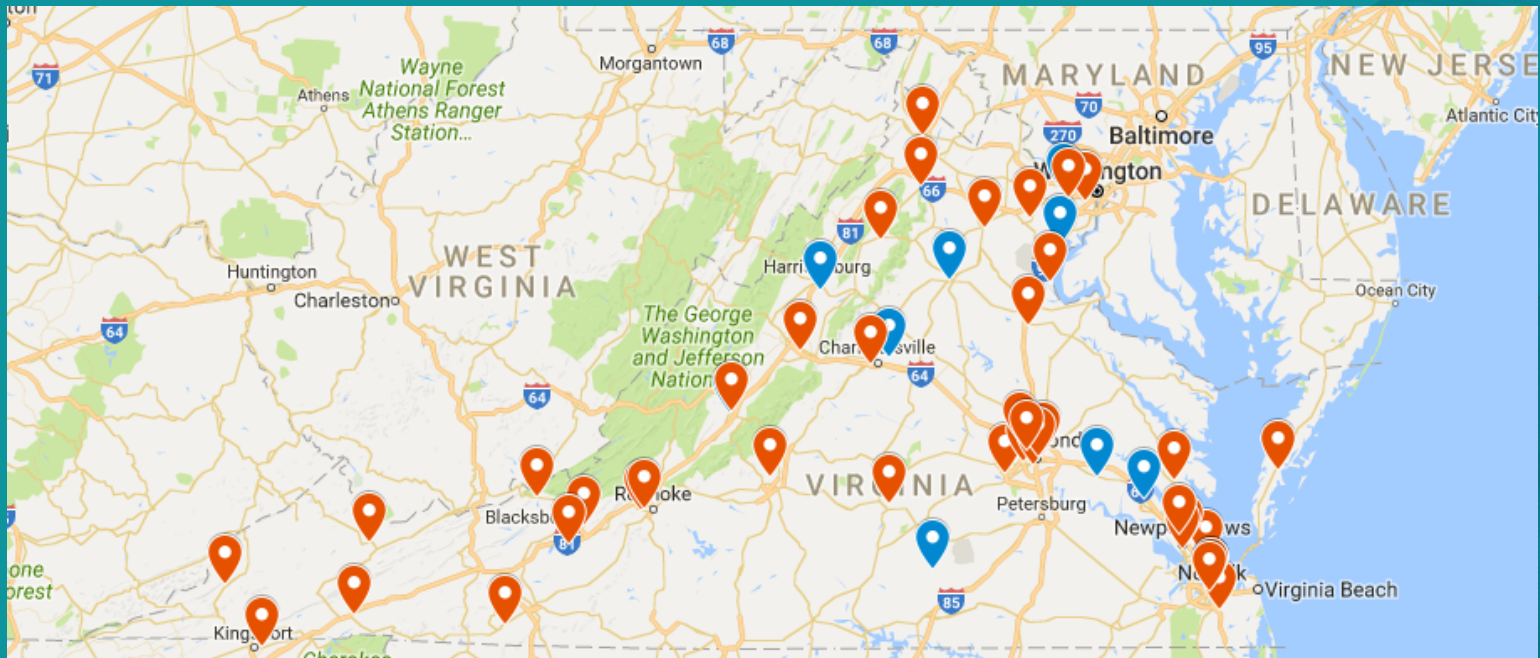
- ❖ AADE DPP set up for billing and tracking- CPT Code: 0403T
- ❖ USPSTF Grade B
- ❖ AADE DPP Sites already billing Medicare for DSME and preparing for Medicare coverage of DPP coverage as of January 2018 (tentative)



# AADE DPP in Virginia- Potential to Scale

Virginia has 55 DSME Sites that could implement the National DPP (12 DEAP and 43 ERP)

Each one of these sites may be able to serve the National DPP in multiple locations





# AADE DPP Offers Experience in:

- Specific Marketing Materials (participant, payer, physician)
- Guidance on billing, pricing structure
- DPRP Assistance
- Access to National Data and trends
- Toolkits and Templates
- Online discussion groups
- Option of working with a DPP Mentoring Program
- Access to DPP Data Base (coming 2017)



Do you have patients at risk of developing type 2 diabetes?

Test your patients today and recommend the National Diabetes Prevention Program for those who qualify.

**THERE IS A PROGRAM PROVEN TO PREVENT OR DELAY TYPE 2 DIABETES**

The American Association of Diabetes Educators Diabetes Prevention Program (AADE DPP) is part of the National Diabetes Prevention Program, led by the Centers for Disease Control and Prevention (CDC). This DPP program is proven to prevent or delay type 2 diabetes in at-risk patients.

AADE DPP sites implement the National DPP, an evidence based program that reduces the risk of developing type 2 diabetes by 58%. The structured lifestyle change program delivered by AADE DPP sites results in weight loss by teaching participants how to set realistic goals on reducing calories and increasing physical activity.

**PARTICIPANTS MUST BE:**

- At least 18 years old;
- Have a BMI greater than or equal to 24; greater than or equal to 22 if Asian;
- Have established risk factors for developing type 2 diabetes;
- OR have been previously diagnosed with gestational diabetes.

**AADE DPP SITE IN YOUR AREA:**

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To find an AADE DPP site, please go to:  
[WWW.DIABETES EDUCATOR.ORG/DPP](http://WWW.DIABETES EDUCATOR.ORG/DPP)

To learn more about the National DPP visit:  
[WWW.CDC.GOV/DIABETES/PREVENTION](http://WWW.CDC.GOV/DIABETES/PREVENTION)





# AADE DPP 2016-2017 Focus Areas:

- ❖ Medicare Reimbursement- Prep Sites
- ❖ Cost Analysis across network
- ❖ DPRP Guidance
- ❖ Performance Management Network
- ❖ Exploring Online/Virtual DPP Options
- ❖ Work with States on Availability of DPRPs
- ❖ Expand DPP service offerings
- ❖ Expand AADE DPP Network
- ❖ Collaborate with other DPP's to ensure proper DSME referrals for people with type 2

## AADE Diabetes Prevention Program Service Offerings



Whether your organization is thinking about offering a Diabetes Prevention Program (DPP) or has already gotten started, the American Association of Diabetes Educators (AADE) can provide you with the guidance, tools and resources required to have a successful and sustainable program at your site. We offer a range of services to help you and your site start and maintain a successful DPP! Through our experience with the National DPP and guiding sites in their achievement of Full CDC Recognition within the Diabetes Prevention Recognition Program (DPRP), we are pleased to assist you in a variety of ways to achieve the same success.

### Intro to DPP Webinar

Online video and/or webcast

- Explanation of National DPP and overview of AADE's experience and service offerings for DPP

### DPP Lifestyle Coach Training

Two-day, in-person Lifestyle Coach Training: 11.5 CE

- National DPP Curriculum Overview – Prevent T2
- Lifestyle Coach Training Guide, Participant Guides and handouts
- Interactive discussion on classroom management, hands-on practice in group facilitation techniques, insight from actual coaches on best practices and real-life experiences
- Review of DPRP Standards and Operating Procedures

### DPP Workshop

One-day, in-person Workshop, *Building Your Diabetes Prevention Program - Everything You Need to Know & More*: 5 CE. Explore the emerging realm of the DPP Landscape and build a business case for implementing a DPP at your site

- National DPP overview and statistics
- Arm yourself with the information needed to justify a prevention program at your organization
- Marketing, recruitment and sustainability tools for participants, payers and physician referrals
- Learn how to successfully apply for and achieve CDC's DPP Full
- Reimbursement landscape for private and public (Medicare) prevention services

\* This workshop can be requested in conjunction with the Advanced DSME Workshop and/or LSC Training.



### Proprietary AADE DPP Provider Resources

Access to AADE's DPP Online Learning Community, including existing AADE resources, materials and tools covering areas of:

- Program Administration
- Program marketing
- Payer engagement
- Physician referrals
- Budgeting and billing
- Program implementation
- Program delivery
- Participant engagement
- Staying informed/connected

### Customized DPP Technical Assistance

Up to 25 hours per year of technical assistance offered by AADE DPP specialist tailored to site's needs including:

- Reimbursement/payment expertise
- Retention/engagement expertise
- Performance improvement support
- CDC Recognition (DPRP) assistance
- DPP cost-management guidance

For questions or more information about any of these services, please contact the AADE Diabetes Prevention Program at [dpp@aadenet.org](mailto:dpp@aadenet.org) or [www.diabeteseducator.org](http://www.diabeteseducator.org)



# Current AADE DPP Service Offerings:

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- *Building Your Diabetes Prevention Program Workshop*
- *AADE DPP Lifestyle Coach Training (CDC Approved)*

Preparing individuals and DSME programs to serve covered lives and receive DPRP recognition via education, webinars, tools and resources for both Members and Non-

**AADE** American Association  
of Diabetes Educators

*Join AADE today!*

AADE works as hard for you  
as you do for your patients!



# For more information:



<http://www.diabeteseducator.org/dpp>

Joanna Craver DiBenedetto: [jdibenedetto@aadenet.org](mailto:jdibenedetto@aadenet.org)